

Supporting Enhanced Training Opportunities for Recovery Coaches

### **About RIZE**

RIZE Massachusetts (RIZE) is the only public-private partnership solely dedicated to funding solutions to end the overdose crisis. Guided by those with lived experience and unafraid of new ideas, RIZE is building networks, creating programming, and supporting community partners who are using novel approaches to prevent overdose.

#### Background

Navigating the health care delivery system can be complex and confusing, but for those experiencing substance use disorders (SUDs), these challenges can become significant barriers to care. Behavioral health services and addiction treatment options are often delivered by programs that are organizationally, geographically, culturally, and financially disconnected from the general healthcare delivery system. As a result, according to a recent White House fact sheet, four out of five people who need addiction treatment do not receive it.

To eliminate barriers and to ensure that people receive the type of care and support they need, it is critical that we work to expand and bolster the addiction treatment workforce. Recovery coaches, who bring lived experience with addiction and recovery, can help people navigate these systems and ensure they have access to care options that best meet their needs.

RIZE <u>commissioned a report</u> from University of Massachusetts Medical School on the role of recovery coaches in opioid use disorder care. It outlines several key recommendations to support this workforce, including opportunities for professional development, with pathways from entry level to higher level positions.

While a variety of trainings are available for recovery coaches, more could be done to focus on the concrete skills necessary for professional advancement and provide opportunities to cross-train on substance use and mental health recovery.

#### **Funding Opportunity**

RIZE is committed to providing continuing education opportunities to support professional development for recovery coaches. Through its Building the Field: Supporting Enhanced Training Opportunities for Recovery Coaches grant program, RIZE will award funding to training organizations to provide new or enhanced opportunities for recovery coaches to upskill and cross-train.

RIZE will award one-year, renewable grants for training opportunities that will provide interested recovery coaches with concrete tools and strategies to become effective recovery coach supervisors and to improve their ability to support people with co-occurring disorders. For this program, RIZE will award five grants of up to \$10,000 in either of the following two tracks:

Upskilling into supervisory roles	Improving support for people with co-occurring disorders
Assist recovery coaches in their professional development journey to develop skills and tangible strategies for advancement into supervisory roles	Provide relevant cross-training on substance use and mental health recovery
Create tools to mentor, educate and cultivate recovery coach leaders	Develop practical skills to assist those living with co-occurring challenges
Develop skills, such as giving constructive feedback, time management, budgeting, and writing	Enhance familiarity with medications, side effects, and tools to support health and wellbeing

#### For both tracks:

Develop other relevant skills and expertise, for example:

- Person-centered care
- Boundary-setting with clients and co-workers
- De-escalation techniques
- Clinical note writing what's important and how to be concise (for insurers)
- Safety planning and reporting refresher
- Warning signs for relapse prevention
- Topics that emerge from specific community needs



#### **Eligibility and Selection Criteria**

For this program, we invite applications from Massachusetts-based organizations that provide training for recovery coaches in Massachusetts.

Selected organizations may use the funding to provide new or enhanced trainings related to one or both of the above tracks. Selected organizations will also develop materials, potentially including toolkits, job aids, webinars, and core competency assessments that can be shared, scaled, or replicated. Funds may also be used to reduce or waive the cost of training for recovery coaches as appropriate.

Other factors for consideration include:

- Ability to increase awareness of trainings, particularly among recovery coaches who identify as BIPOC Black, Indigenous, and people of color as LGBTQI+, as a person with a disability, or as someone who is otherwise underrepresented in leadership positions or in opportunities for specialized trainings.
- Ability to demonstrate workforce and clinical impacts that result from implementing similar trainings.

#### **Timeline for Selection**

Applications are due on August 5, 2022, and can be submitted by email to Sarah Merrefield, senior program officer, at sarah.merrefield@rizema.org. Questions about the application can be sent by email to Sarah in advance of the deadline.

RIZE includes people lived experience and subject matter experts in our decision making. Our team of experts will consider each proposal for the Building the Field: Supporting Enhanced Training Opportunities for Recovery Coaches grant program carefully. All applicants will be notified about the status of their application by August 22, 2022.





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# **Application**

# **Contact-information**

Date Name of lead organization		
Address		
Contact name for grant submis	sion	
Title	Phone number	
Contact email		
Project champion or implemen	cor	
Title	Phone number	
Contact email		

# **Application Questions**

**Organization description (250 characters or less)** 

*Please briefly outline your organization's mission and relevant programs.* 

#### **Expertise (450 characters or less)**

Please describe whether your organization provides training for recovery coaches in Massachusetts. Does your training provide participants with continuing education units? Please briefly outline how the funding would align with and/or compliment your course offerings and goals.

## Track(s) (450 characters or less)

Will your new or enhanced training program focus on upskilling into supervisory roles, improving support for people with co-occurring disorders, or both? What other relevant skills will be developed as a result of the new or enhanced training offerings (see above tracks for examples)?



### **Training details and components (1500 characters or less)**

Describe the trainings you are planning to develop in detail. What will be the key components?

### **Trainers and training styles (450 characters or less)**

*Please briefly outline the experience and expertise of your trainers, including any information about innovative and proven training styles.* 



#### Marketing (450 characters or less)

Please outline how recovery coaches, particularly those who identify as BIPOC, or who identify as a person underrepresented in leadership positions, will learn about these new or enhanced training opportunities.

## Number served (250 characters or less)

How many recovery coaches might you anticipate training in one year?



#### Success measures (450 characters or less)

What workforce and clinical impacts do you anticipate the trainings will have and how will you know they have been successful? What problem does this training help resolve? Please include plans for a pre-post survey of participants, including demographic information, numbers served, changes in skills, etc.

## **Timeline (450 characters or less)**

Please outline the timeline for this one-year program, including how soon the trainings may be offered.

**Budget:** Please complete the following budget form.

**Attachments:** Please include the following attachments with your submission:

- IRS 501(c)(3) determination letter
- Recent audit or financial review (for organizations that have them)





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# **12-Month Program Budget**

Organization Name:			
Personnel	Base Salary	FTEs	Total Requested Funds
Program Director/Manager			
Administrative Staff			
Other Staff			
Fringe Benefits (%)			
Purchased Services	Base Salary	FTEs	<b>Total Requested Funds</b>
Consultants			
Contracts			
		Sub-Total	
Other Direct Costs			<b>Total Requested Funds</b>
Project Operations			
Equipment			
Meeting Expenses			
Marketing/Communications/Outre	ach		
Travel			
Surveys			
Program Space			
Evaluation			
Other			
		Sub-Total	
Indirect Costs (15% approved rate	e)		<b>Total Requested Funds</b>
Indirect Costs			
	_	Sub-Total	
	GRAND	TOTAL	